



CARE PLAN NORTHSIDE

File No. _____

To guide Community Team Carers, Structured Respite Providers & Kid's Club Support Workers in the cares your child requires.

Child's Name _____ D.O.B. _____

Home Address _____

Postcode _____

Mother/Guardian _____

Address (If Different) _____

Postcode _____

Phone Home _____ Work _____

Mobile _____

Father/Guardian _____

Address (If Different) _____

Postcode _____

Phone Home _____ Work _____

Mobile _____

Siblings Name: _____ Age: _____ Name: _____ Age: _____

Name: _____ Age: _____ Name: _____ Age: _____

Contact Person in Case of Emergency:

Name _____ Phone No. _____

Relationship: _____ Mobile No. _____

Medicare No. _____

Healthcare Card No. _____

Family Doctor _____ Phone No. _____

Clinic Address _____

Hospital Usually Attended _____

Height _____ Weight _____

Allergies (drug, food) _____

Reaction _____

| | | | | |
|--|-----|--------------------------|----|--------------------------|
| Xavier Medication Chart in Use | Yes | <input type="checkbox"/> | No | <input type="checkbox"/> |
| Do Medications need to be given by the support worker? | Yes | <input type="checkbox"/> | No | <input type="checkbox"/> |

AS YOUR CHILD'S CARES CHANGE, IT IS THE PARENT/S OR GUARDIANS RESPONSIBILITY TO PROVIDE REGULAR UPDATES TO THE CARE PROVIDER.

Date: _____ Signature: _____

Updated: _____ Signature: _____

Updated: _____ Signature: _____

IF YOUR CHILD BECOMES UNWELL, WE WILL:-

1. PHONE FAMILY; - if unavailable
2. CONTACT R.N ON CALL;
3. PHONE EMERGENCY CONTACTS LISTED ON CARE PLAN;
4. IF DEEMED NECESSARY, SEEK MEDICAL ADVICE.

IN AN EMERGENCY SITUATION, WE WILL:-

1. RING 000 FOR AN AMBULANCE - your child will be transported to the NEAREST hospital;
2. CONTACT FAMILY OR EMERGENCY CONTACTS;
3. CONTACT R.N. ON CALL & COORDINATOR.

In most circumstances, a Xavier staff member will accompany a child to the hospital.

| | | |
|--|-------------|------------------|
| This Care Plan has been read by the relevant Support Worker & The Daily Plan has been completed in conjunction with the Parent / Carer | Date: _____ | Signature: _____ |
| | Date: _____ | Signature: _____ |
| | Date: _____ | Signature: _____ |
| | Date: _____ | Signature: _____ |

1. HEALTH INFORMATION:

General Health (pressure areas, tone, reflux, osteoporosis, hips, respiratory, ear aches, vomiting etc)

NATURE OF DISABILITY

What is the nature of your child's disability/disabilities? (including medical diagnosis where possible).

2. EPILEPSY:

Does your child have Epilepsy? (seizures or fits) Yes No N/A

Description of seizures _____

Frequency _____

Warning signs _____

Triggers _____

Does your child require emergency seizure medication? Yes No

If yes an additional authority from your medical practitioner is required.

Name of medication _____

EPILEPSY EMERGENCY PROCEDURE:

Emergency Procedure to follow when your child has a seizure

Step 1 _____

Step 2 _____

Step 3 _____

Step 4 _____

Do you wish to be contacted if your child has a seizure while in the care of Xavier Staff? Yes No

3. OXYGEN & SUCTIONING:

Does your child have oxygen at home? Yes No

If yes, how often _____

What is the rate? _____

How is it delivered (prongs/mask etc) _____

Does your child require suctioning? Yes No

If yes please provide details _____

If your child has a tracheostomy please refer to special insert

4. COMMUNICATION:

What is your child's method of communication? (i.e. speech, non verbal, makaton, etc)

Does your child have any special words or gestures for:

| | | | |
|------------|-------|--------|-------|
| Yes | _____ | No | _____ |
| Food | _____ | Bed | _____ |
| Discomfort | _____ | Toilet | _____ |
| Drink | _____ | Other | _____ |
| Other | _____ | Other | _____ |

Does your child have any hearing loss? Yes No _____

Does your child have grommets? Yes No _____

Does your child wear hearing aids? Yes No _____

Does your child have any visual impairment? Yes No _____

Does your child wear glasses? Yes No _____

If yes, please provide the necessary details to ensure your child's needs are met.

5. MOBILITY:

How does your child mobilise:

Manual wheelchair

Electric Wheelchair

Pram/pusher

Weight bear/assistance

Walker

walk

Crawl

rolls/shuffle on the floor

Please provide details _____

6. HOISTING/LIFITNG:

How does your child mobilise:

Hoist

One person lift

Two person lift

Child self mobilise

Positioning _____

Positions to avoid _____

Positions to

encourage _____

7. TRANSPORTATION:

Does your child transport well? Yes No

Please provide details _____

How is your child transported?

Car:

Rear facing car seat (↑18kg)

Forward facing car seat (8-26kg)

Booster car seat (18-26kg)

H Harness with Booster (18-26kg)

H Harness only

Other such as Trek Support

Van: Wheelchair only

In accordance with Australian Standards, Xavier staff are INSTRUCTED to transport children in vans with their head rest ON, tray Off and the wheelchair as upright as possible. Their chest harness or strap and pelvic strap must also be secured.

If you require any variation to the above, please speak to your Keyworker or Xavier Therapist and request an assessment. The assessment results will be added to this Care Plan below where required.

Assessment Required? Yes No

Assessment Outcome _____

8. SAFETY & BEHAVIOUR:

Are there any particular behaviours that Carers should be aware of? Yes No

How would you like us to respond to these behaviours?

Are there any particular fears, which we should know about?

9. SCHOOLING DETAILS:

School attended? _____

Address _____

What days does your child attend? _____

Phone: _____

10. NUTRITION:

How does your child eat/drink?

- Oral Nil Orally Gastrostomy Naso-Gastric Tube Combination

Oral

Preferred consistency of food: Pureed Mashed Cut Bottle

Time _____ Food/Drink: _____

Time _____ Food/Drink: _____

Time _____ Food/Drink: _____

Time _____ Food/Drink: _____

Time _____ Food/Drink: _____

Food/Drinks to Avoid _____

Preferred Temperature of Fluids _____

Special Eating Utensils _____

Special Cup/Teat _____

Assistance Required _____

Gastrostomy/Naso Gastric

Type _____ Size _____

Bolus Continuous Combination Pump Type _____

| Time | Type food/formula/fluid | Amount | Temperature | Rate | Flush Amount |
|------|-------------------------|--------|-------------|------|--------------|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Are there any specific positioning needs at meal times? _____

Any further information to assist us with Button site care i.e. softwick, lotions, dressings etc?

11. SLEEPING:

Usual bedtime?

Usual waking time?

Does your child wake during the night? Yes No

Preferred sleeping position?

Does your child have a daytime rest? Yes No

If yes what times? _____ am _____ pm

Does your child sleep in a bed bed with rails cot

Is there any other information that would be helpful? (i.e. lights on/off; door open/shut; with/without a pillow; favourite toy; music?)

12. HYGIENE NEEDS:

Xavier staff do not cut nails without seeking permission from parents.

Do you give Xavier staff permission to cut/trim your child's nails? Yes No

BATHING:

Does your child prefer a bath or shower? _____

Special equipment? (type of chair, bath aide) _____

Any particular fears? (i.e. hair washing, etc) _____

Is there any other relevant information? (i.e. allergic to soap, grommets, etc) _____

MOUTH CARE:

Please provide details of your child's mouth care needs (toothpaste, toothbrush, etc)

TOILETING:

Is your child toilet trained? Yes No

Is your child on a toilet training/timing program? Yes No

If yes please provide details and specific times.

What types of continence aids are used?

Day _____ Night _____

Does your child require any special equipment or lotions? (e.g. chair, commode, rail, nappy rash cream)

XAVIER CHILDREN'S SUPPORT NETWORK Community Team Daily Plan

***To be completed on commencement of supports by Parent/Carer and Support Worker!**

Child's Name:

Age:

DOB:

Register No:

| Environment | In Home | Out of Home |
|--|---------|-------------|
| Resources Available in Environment (e.g. toys, community facilities, etc) | | |
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| | | |
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| | | |
| | | |
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What needs to be done:

- Feeding
- Sleep
- Bathing
- Medication

Ideas of things to do.

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| Contingency | Alternative Arrangements/Things to Do |
|--------------|---------------------------------------|
| Poor Weather | |
| | |
| Illness | |
| | |

Parent's Signature _____ Date: _____